



Glamis Terrace Newsletter

Fall + Winter 2023

Greetings from Glamis Terrace!

With the crisp, cool air, and first snowfall behind us, there's no denying winter has arrived at Glamis Terrace! However, our community is gearing up for a season of warmth, togetherness, and festive cheer.

In September, we held our Annual General Meeting which was a real success. The turnout was great, and we extend our appreciation to all who joined us, contributing with insightful questions and engaging discussions. Your participation makes our community stronger and more informed, and we thank you for your commitment to Glamis Terrace.

We also extend a warm welcome to the new faces that have become a part of our community in 2023. Let's take this opportunity to reach out, get to know our new neighbors, and make them feel truly welcome. Together, we can continue to make Glamis Terrace a great place to live.

We are thrilled to introduce our newest Board Member, Amy Smit, whose wealth of experience and dedication to service will be a tremendous asset to the Board and the Glamis Terrace community. Amy joins us, taking the reins from Lisa Tyler, who has dedicated many years of service to the Board. We express our deepest gratitude to Lisa for her invaluable contributions and wish her all the best in the future.

As we approach the end of 2023, we extend our warmest wishes for a safe and joyous Holiday Season. May this time be filled with laughter, love, and the joy of connecting with friends and family. We anticipate a fantastic 2024, full of new adventures, shared memories, and the continued growth of our thriving Glamis Terrace community.

Honoring Beloved Residents with Our New Memorial Bench

You may have spotted the new bench nestled among the trees behind the front garden. It's not just any bench, it's a Memorial Bench, offering a peaceful retreat for both residents and visitors. More importantly, it's a bench that pays tribute to the residents of Glamis Terrace who have left us but continue to hold a special place in our hearts.

This spot invites you to pause, relax, and enjoy the beauty of the outdoors, while getting lost in a good book, listening to birds, or meditating.

The bench is a beautiful addition to our community, and it symbolizes our commitment to honoring and remembering the valued individuals who have been a part of our vibrant Glamis Terrace family.

**please note the bench has currently been moved to accommodate for snowfall but will be put back in the spring*

15 Things You Should Clean and Inspect Every Fall and Winter



It seems that winter or at least the cold winter is upon us, which means its time to do a little bit of maintenance around our condos. Although they sometimes feel like a chore, they can be good money savers in

bringing down the cost of our utility bills and in other cases just a good exercise in safety. Here are the top 15 things to consider doing before the real cold sets in!

- 1) Replace furnace filters and have the furnace inspected. Just a quick call to Atco and they will come and do it for free.
- 2) Have your fireplace and chimneys professionally cleaned to remove creosote build up. Check Groupon for discounts and special pricing at this time of year to save a little money. Then sit back and have a nice cup of hot chocolate by the fire!
- 3) Its always a good idea to clean your windows and screens from the inside. Those screens do come out and can be given a quick scrub in the tub with soap and water. But remember to mark the screen with tape so you know the window that it belongs too as they are not all the same size.
- 4) A good safety precaution is to **check your smoke and carbon monoxide detectors** as well. You may need to change the batteries. Some of us have gotten into the habit whenever we change our clocks. (spring and fall)
- 5) Outdoor clean up in your back yard is your responsibility. So put away anything that may be attractive to the squirrels in the neighborhood, give decks a good sweep, cover the BBQ, clean off and cover any patio furniture.
- 6) Turn off the exterior water supply and drain the water from outdoor hoses, taps and valves to prevent bursting. You can also purchase tap covers at your local hardware store as extra insurance. Canadian tire \$5.49 made by frost King is just one to consider.
- 7) Check your garage heaters to make sure they are in good working order and not close to anything flammable. Also grease the chain and spring on the garage door to extend its life. Make sure you know where the emergency pull string is so you can open the door if there is a power failure.
- 8) Inspect and replace wore weather stripping around doors. This can be a huge cost savings for just a little bit of effort.
- 9) Inspect dryer vents and hose to ensure there is no build up of lint as this can cause a fire.
- 10) Purchase a fire extinguisher for the kitchen, read instructions so you know how to use it.
- 11) You may also want to clean all the light fixtures in the house and replace any burnt out bulbs.
- 12) Do a thorough clean up of the garage and take in any old electronics to recycling, flammables to the fire station, get rid of old paint, and hazardous materials.
- 13) Clean out your closets and donate any clothes, boots, shoes and coats you're not wearing and take them in to one of the many thrift stores in town. You'll be helping someone less fortunate stay warm this winter.
- 14) Check your car to insure its ready for the winter. Change the oil, put in properly rated fluids, change out to winter tires, have booster cables , shovel , small box of kitty litter or gravel to use for traction, first aid kit and blankets just in case.
- 15) Put up Christmas lights outside before the BIG snowfall. Lets make our little loop one of the most festive in the neighborhood.

HOLIDAY DECORATIONS

Holiday lights and decorations are permitted providing they do not obstruct or interfere with another unit and are taken down by February 28, 2024.



GENERAL REMINDERS

- If you haven't already done so, this is a reminder to turn off your outside taps.
- Please check your garage heaters to make sure they are in proper working order.
- If we have a very cold winter, use your garage heaters to take the chill off which keeps the garage water tap from freezing
- The garage heater also helps keep the kitchen floor warmer

SNOW REMOVAL

Landscapers by Nature remains the company that provides snow removal and roadway maintenance in the complex during winter. The icy conditions on the roadway is a constant challenge, and while there's no simple solution, The Board, is continually exploring ways to mitigate this hazard.

A few things to keep in mind this season:

- Snow is cleared from driveways, doorsteps and the common roadway when we get a certain volume of snowfall.
- Snow should be cleared within a 24-hour time frame, but response time can vary depending on the amount we receive.
- Between snow removal days, please use a broom or plastic shovel to clear snow from your doorstep as metal shovels will chip and peel the paint.
- Backyard snow removal from concrete pads and decks is the responsibility of the owner.
- For increased traction around doorsteps and driveways, and to lessen the risk of slips and falls, there are gravel bins (filled with salted gravel) located by the south-east and north-west garbage enclosures in the complex. Bring a small container with you to transport the gravel.

It's a good idea to have some gravel on hand before you need it.

- You can also purchase de-icer for use on doorsteps and driveways. Make sure to purchase an environmentally friendly product that contains calcium magnesium acetate, aka CMA. Using sodium chloride, aka straight salt, will degrade the asphalt and act as an irritant to pets.

SPEED LIMIT

The posted speed limit on the sign at the front entrance for the complex is 15km/hr. Adhering to the speed limit is especially important in the winter as conditions maybe slippery and you don't know what's around our curves.

Please watch out for children playing!!

SURVAILLANCE DOORBELL CAMERAS



Doorbell cameras both front and rear entrance are permitted and encouraged. It is a busy time of year for package deliveries, and doorbell cameras can be a great theft deterrent!

PARKING

Since our roadway is also a fire lane, there is no parking allowed on the roadway. All vehicles, including visitors, must be parked in your driveway or either on Glamis Drive or 50th Street. The City of Calgary Parking authority patrols our complex and vehicles illegally parked will be ticketed and or towed.

Please note that our bylaws also state that a unit with a single car garage may have only 1 car parked on the front pad and a double garage may only have 2.

Have a concern or issue? First Service can be reached at 24/7 via their 1800 line at 1-855-266-3601

Our designated Community Manager is Angela Murphy; please email her at Angela.Murphy@fsresidential.com

For any other questions that are non-financial or NOT related to the condominium corporation, please send an email to glamistcboard@gmail.com

REMINDER: We are now on **Facebook!** Sign up and search for Glamis Terrace Community in your Facebook search bar to join the community!

Spooktacular Success - A Frightfully Fun Affair for All Ages!

The annual Halloween bash at Glamis Terrace Condominiums on Sunday, October 29th was a resounding success, bringing together residents of all ages for a hauntingly good time! Despite a bit of chill in the air, the festive spirit warmed hearts as children and adults wore their spookiest and most creative costumes.

The little goblins and ghouls had a blast with various activities, from the friendly competition of corn hole to expressing their artistic talents through coloring. Laughter and smiles filled the air as they played and made new friends, adding to the sense of community that Glamis Terrace is known for.

While the kids enjoyed their games, the adults took the opportunity to connect, chat, and get to know one another better. It's not every day that neighbors get to

socialize and bond in such a laid-back and enjoyable setting. The Halloween party provided the perfect backdrop.

Of course, no Halloween party is complete without delicious treats. Hot dogs and refreshments were served in front of a spooky backdrop adorned with ghosts, witches, pumpkins, and

more, adding to the festive atmosphere for hungry trick-or-treaters.

Glamis Terrace Condominiums' annual Halloween Party once again proved that this community knows how to throw a memorable and fun event for all ages. It's these moments of togetherness and celebration that make living at Glamis Terrace truly special.

We look forward to more delightful gatherings in the future as we continue to create lasting memories within our vibrant community.



Increasing Your Insulation

As discussed at the Annual General Meeting in September our Complex experiences severe ice damming which, in a few units, resulted in structural damage and the need to file an insurance claim.

An ice dam is a ridge of ice that forms at the edge of a roof and prevents melting snow from draining off the roof. The most visible signs of ice damming is the formation of long icicles hanging from the eave troughs, and the primary cause is heat in the attic resulting from poor insulation or no insulation. The water that backs up behind the dam can leak into a home and cause damage to walls, ceilings, insulation, and other areas.



The most effective way to prevent ice damming is to ensure that the attics are properly insulated. Unfortunately, when the Glamis Terrace Condominium Complex was built in 1981, the attics were only insulated to an R20 rating which was the minimum at that time. Over the years, a small number of residents have recognized the issue and taken the initiative to insulate their attics, and we would like to encourage other residents to do the same.

Under the Province of Alberta Condominium Property Act, the Condominium Corporation is not obligated to insulate the attics, however, the Board, strongly recommends that each owner inspect their attics and take appropriate action to ensure that they are properly insulated.

We feel that a properly insulated attic is in the owner's best interest for the following reasons:

- It will help keep condo fee increases to a minimum. Each insurance claim we submit includes a deductible and an increase in annual premiums. Claims below \$5,000 are paid directly from the operating budget, limiting some of the aesthetic improvements we would very much like to do.
- A properly insulated attic will reduce the loss of heat and can reduce the cost of heating and cooling substantially.
- It will reduce the risk of a special assessment in the event of denial of a claim for a major repair caused by ice damming.

The Board of Directors reached out to several vendors in the research process, to secure reasonable pricing and professional insulation for the Complex. We can recommend the following company should you wish to top up your insulation:

Comfort Home Insulation and Roofing based on the pricing, overall ratings and prompt reply from their team. Their website is at: <https://chatticinsulation.ca/>

Please book your service and arrange payment directly with the company.

Contact: <https://chatticinsulation.ca/#ContactUs>

Or Phone: 403-479-6413

As all attics differ in size the price range we received was as follows:

\$1300 to \$1650, based on the size range provided. If truss baffles need to be installed it's \$4 per piece, and around \$140 for the air sealing and work around the attic hatch (build up a retaining wall, build a box, insulate the attic hatch, install weatherstrip).

Review link from Homestars:

<https://homestars.com/companies/2967728-comfort-home-insulation-roofing-ltd>

Sweater Weather



Well, its my favorite time of year “ sweater weather “. There is nothing like cuddling up in a warm cozy sweater and scarf. Admittedly I have not been able to master the craft but I'm willing to try again. Perhaps not quite a whole sweater because I know that's shooting for the stars! But I think I can tackle a scarf that I won't be too embarrassed to wear or at least donate. For goodness sake if Meryl Streep and Julia Roberts can crank out a scarf, so can I. (I think its important to build up one's confidence.) In fact, I have even come across some twenty somethings that get together every two weeks and have a knitting and scotch party. Sounds like fun, but I thing things could quickly slide off the so called knitting needles. The idea is great though, getting together with a few people to chat, knit and have a few laughs. If you too are feeling

like a new challenge and are willing to give it a whirl here are a few places that offer classes.

A. STASH Needle Art Lounge – www.stashlounge.com

B. Yarn Twisters – www.yarntwisters.ca



If you're still a little skittish about the getting together with people, there are some great tutorials on YouTube. Go out and get yourself some yarn and have a ball! Its only wool and a couple of sticks.....

Kids Corner

Popsicle Stick Star and Tree ornaments

Materials :

- popsicle sticks colored or plain (would need to paint them)
- A sheet of brown paper for the trunk of tree
- Paper cut into stars
- A piece of twine, approximately 6" long for each ornament.
- Glue
- Hot glue gun
- Scissors and a craft/utility knife
- Glitter sticks, pom poms, foam balls, Christmas bells, bits of garland, dollar store sheets of crystals



Instructions:

For stars:

1. Paint popsicle sticks if not already colored and let them dry.
2. Using a hot glue gun glue sticks together to form a star.
3. Glue the twine on the back to use as a hanger. Let cool.
4. Then decorate and hang on the tree, or your bedroom door or give as a gift.



For Christmas tree:

1. Paint popsicle sticks if not already painted
2. Using a utility knife cut 3/4 to 1" of one stick. (that will be the base of the tree)
3. Now glue the two sides of the tree on so they meet at the top.
4. Glue twine on the back of the top of the tree
5. Attach star and stump of the tree
5. Then decorate and hang on the tree, or your bedroom door or give as a gift.

Blueberry White Chocolate Scones



Ingredients:

- 2 1/4 cups (335 g) all-purpose flour
- 3 Tbsp (25 g) icing sugar
- 2 tsp baking powder
- 1/4 tsp fine sea salt
- 1/2 cup (115 g) cold unsalted butter, cut into pieces
- 1/2 cup (125 mL) cold 2% milk
- 1 large egg, separated
- 1 tsp vanilla bean paste
- 1/2 cup (85 g) white chocolate chips
- 1/2 cup (80 g) dried blueberries
- Granulated, turbinado or sanding sugar, for sprinkling

Method :

1. Preheat the oven to 400°F (200°C) and line a baking tray with parchment paper.
2. Sift the flour, icing sugar, baking powder and salt into a large mixing bowl. Add the butter and, using a pastry cutter, 2 butter knives or your fingertips, work it in until large pieces are no longer visible.
3. Scoop up small handfuls of dough and flatten the butter pieces by rubbing them between your palms—do these 6 to 8 times (to build in flakiness).
4. Whisk the milk with the egg yolk (reserve the white) and vanilla bean paste and add all at once to the flour mixture. Stir just until the liquid no longer drips, but the dough has not come together fully.
5. Turn out the dough onto a clean work surface and flatten it a bit with your hands.
6. Sprinkle any dry crumbs and roughly one-third of the chocolate chips and blueberries on top.
7. Fold the dough in half and flatten again, repeating with the crumbs that fall away and half of the remaining chocolate chips and berries. Repeat again with the remaining chocolate chips and berries and then flatten the dough into a disc about 1 inch (2.5 cm) thick.
8. Use a 3-inch (7.5 cm) round cutter to cut out scones. Gather together the leftover scraps of dough, reshape them into a disc about 1 inch (2.5 cm) thick and repeat (you will likely only have to re-roll once).
9. Place the scones on the prepared baking tray, 2 inches (5 cm) apart. Brush the tops with the reserved egg white, lightly whisked, and sprinkle with sugar.
10. Bake for about 16 minutes, until they have browned evenly on the bottom and lightly on top. Transfer the scones to a wire rack to cool.

Serve the scones warm or at room temperature on the day they are baked

Ina's Skillet Roasted Lemon Chicken

Ingredients:

- 2 teaspoons fresh thyme leaves
- 1 teaspoon whole fennel seeds
- Kosher salt and freshly ground black pepper
- 1/3 cup good olive oil
- 1 lemon, halved and sliced 1/4 inch thick (see Notes)
- 1 yellow onion, halved and sliced 1/4 inch thick
- 2 large garlic cloves, thinly sliced
- 1 (4-pound) chicken, backbone removed and butterflied
- 1/2 cup dry white wine, such as Pinot Grigio
- Juice of 1 lemon



Directions:

1. Preheat the oven to 450°F.
2. Place the thyme, fennel seeds, 1 tablespoon salt, and 1 teaspoon pepper in a mini food processor and process until ground. Pour the olive oil into a small glass measuring cup, stir in the herb mixture, and set aside.
3. Distribute the lemon slices in a 12-inch cast-iron skillet and distribute the onion and garlic on top. Place the chicken, skin side down, on top of the onion and brush with about half the oil and herb mixture. Turn the chicken skin side up, pat it dry with paper towels (very important!), and brush it all over with the rest of the oil and herb mixture.
4. Roast the chicken for 30 minutes. Pour the wine into the pan (not on the chicken!) and roast for another 10 to 15 minutes, until a meat thermometer inserted into the thickest part of the breast registers 155 to 160°F.
5. Remove the chicken from the oven, sprinkle it with the lemon juice, cover the skillet tightly with aluminum foil, and allow to rest for 10 to 15 minutes. Cut the chicken into quarters or eighths, sprinkle with salt, and serve hot with the pan juices, cooked lemon, and onion.
6. Notes: Remove the ends of the lemon, cut in half through the stem ends, and slice thinly crosswise. Sometimes I sprinkle the chicken with minced fresh rosemary before allowing it to rest.
7. Make Ahead: Assemble the chicken in the pan and refrigerate for a few hours before roasting.

Cooking fires are the leading cause of house fires and therefore, are most prominent during the holiday season. Never leave the kitchen unattended while preparing your families holiday meals!

Share your home escape plan and the location of fire extinguishers with your visiting house guests, provide them with an overview on how to use this equipment.

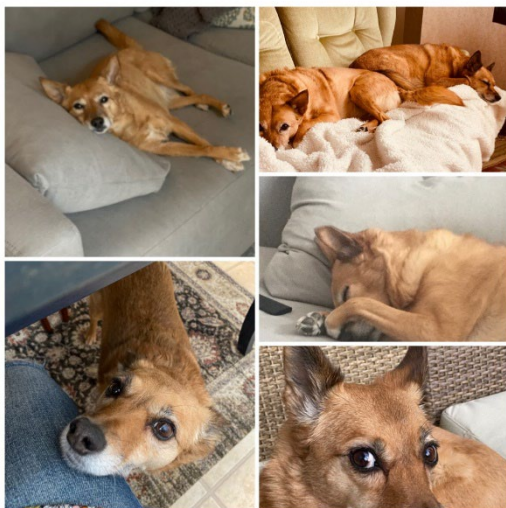
Remove snow and ice from your steps and entranceways – protect your guests and your delivery drivers!

Do not leave candles burning unattended and ensure that all your holiday lights meet CSA standards and are CSA approved.

Make sure you do not leave treats and chocolates within reach of small children and family pets!

Our Four Legged Residents

Bio of Ru Ru and Ruby Tuesday Tyler



Age: Ru and Ruby are 13 year old and sisters

Breed: Labrador Chihuahua's

Favorite Toys: Lids from Water bottles and fabric balls

Tricks: Ru was quite talented with her fabric ball. She would throw it up in the air and catch it, toss it over her back and still catch it. Both ladies are/ were very attentive and would walk along side of their parents. Unfortunately, like most of us they have bad habits. They bark at anything that moves when out on a walk.

Music: All music from rock to pop to a streak of Latino.



These ladies were very close much like Eva and Zsa Zsa Gabor, but sibling rivalry still existed. They were always smiling for the cameras and loved to just lie around and be pampered and stroked. It was all about being loved, timeless beauty, competitiveness with tricks, and secret affairs. Scandal would ensue typically on Thursday afternoons while out on their date with Jeanette (their human girl friend). Gossip about the other dogs in the neighborhood, who was seen doing what and of course what they were wearing. Unfortunately, these ladies like the Gabor sisters are/were a little long in the tooth and sadly Ruby Tuesday passed away a few months ago. It is with a heavy heart that we say goodbye to her and extend our condolences to Ru Ru and her human family in their loss.

We would love to feature your cute pets! Send up your photos to glamistcboard@gmail.com!

Glamis Giggles

It's time to tickle the funny bone of kids of all ages with a collection of playful and giggle worthy jokes that are sure to bring smiles and laughter to their faces. We hope these provide a moment of joy to our little comedians!

"What do you call a bear with no teeth?" A gummy bear!	"How does a snowman get around?" By riding an "icicle"!
"How do you catch a squirrel?" Climb a tree and act like a nut!	"Why was the math book sad?" Because it had too many problems
"Why did the dog sit in the shade? " Because he didn't want to be a hot dog!	"What do you call a monkey that loves potato chips?" "A chipmunk!
"Why did the cat sit next to the computer?" Because it wanted to keep an eye on the mouse!	What kind of key opens a banana? A monkey!

Sudoku

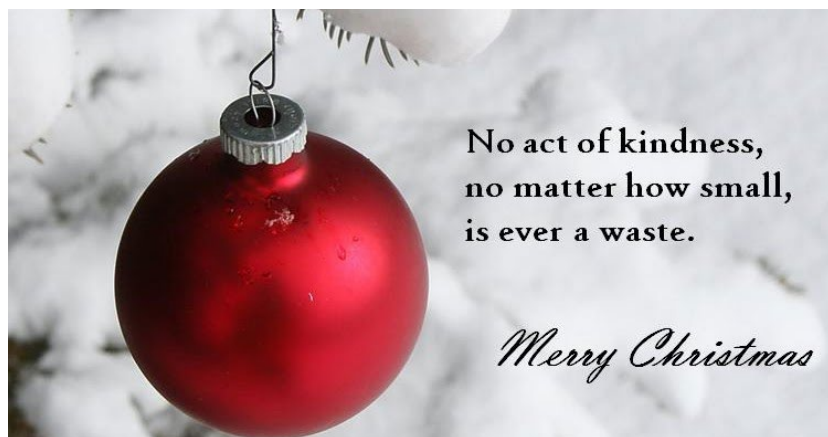
	5	7					6	
		3					2	7
			6				5	
4						5		8
		8	4		1			2
	6	1	2		9	7		3
8	2	9		6			7	5
3		6	5	1			8	
	4				7	2	3	6

Solution

9	5	7	1	2	8	3	6	4
6	1	3	9	4	5	8	2	7
2	8	4	6	7	3	9	5	1
4	9	2	7	3	6	5	1	8
7	3	8	4	5	1	6	9	2
5	6	1	2	8	9	7	4	3
8	2	9	3	6	4	1	7	5
3	7	6	5	1	2	4	8	9
1	4	5	8	9	7	2	3	6



Parting Thoughts



I am proud of the neighbourly spirit we have fostered at Glamis Terrace. It is a rare place in a big city, where neighbors know and look out for each other. As we await the Christmas season, I'd like to take a moment to acknowledge how lucky we are that we live in a place of peace, understanding and community. Unfortunately, this is not the case in other places around the world. I'd like to propose that we all take a moment of thanks for all we have and reflect on how we can make the world a better place for those that aren't so fortunate.

In such times of global unrest, there stands an organization that continuously does good in unfathomable circumstances. Please if you can spare, **consider a donation to Doctors without Borders** <https://www.doctorswithoutborders.ca/>

"Doctors Without Borders/Médecins Sans Frontières (MSF) provides emergency medical humanitarian care to people affected by conflict, epidemics, disasters, or exclusion from healthcare. We provide assistance based on need, regardless of ethnicity, gender, religion or political affiliation. We also speak out about the suffering we witness while carrying out our work" (Doctors Without Borders, nd.). 97% of donations to Doctors without Borders are private, meaning your donation goes a long way in helping Doctors without Borders provide aid where it's most needed.

Donation Link:

https://action.msf.ca/site/Donation2?df_id=4060&mfc_pref=T&4060.donation=form1&s_locale=en_CA&&s_src=23-SEO&s_subsrc=DonateNow&gl=1*1fwn1sd*_gcl_au*MTYwNzY1MzMwNC4xNzAwMzY4MjUy

I wish all our residents a peaceful and joyous holiday season and all the best in the New Year!!

Warm regards,

Monica D.